

FOCUS on Children 2012

**Saturday, February 4
8:00am - 4:00pm**

Bellingham Technical College, G Building
Phone: 360-752-8350
Fax: 360-676-2798
Web: www.btc.ctc.edu



Introducing....Dr. Leticia Nieto

Social and Emotional Development in Context

Dr. Leticia Nieto will introduce powerful frameworks for understanding how social and psychological conditioning affects social and emotional development. She will describe the skills that can be strengthened to promote child and family development.

Dr. Nieto is a psychotherapist and educator specializing in cross-cultural communication, motivation and creativity. For three decades Leticia has successfully brought her skills

to higher education and other learning communities, agencies, workplace teams, and many community groups. She brings an innovative approach to her training, drawing on expressive techniques to involve participants deeply and create opportunities for insight and change. She is a Professor in the Master of Arts in Counseling Psychology program at Saint Martin's University.

About our Sponsors:

BELLINGHAM TECHNICAL COLLEGE'S mission is to deliver superior professional technical education for today's needs and tomorrow's opportunities. As a learning community, BTC is committed to educational excellence realized through a positive, values-based campus environment.

THE NORTHWEST WASHINGTON ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (NW AEYC) acts on behalf of the needs and rights of all young children and their families and provides opportunities to improve professional practice in early childhood education.

THE OPPORTUNITY COUNCIL is a private, non-profit human service organization that acts as a catalyst for positive change, both in the community and in the lives of the people it serves.



**In the spirit of Zero Waste
please bring your own water bottle!**

REGISTER EARLY!

- Reflect on your practices
- Gain new resources & strategies
- Share information
- Contemplate culture, diversity, & early childhood education issues
- Earn .5 credits and 6 STARS hours

LUNCH PROVIDED

Limited scholarships for licensed child care providers are available.

THE DEPARTMENT OF EARLY LEARNING strives to help create safe, healthy, nurturing learning experiences for all Washington children. Their work focuses on the earliest years in children's homes, child care, school programs and communities. They offer information and resources for children's first and most important teachers—parents—as well as others who care for and teach young children.

WASHINGTON ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (WAEYC) is a professional association for those working with children ages birth through eight years old in Washington. They provide services to members and advocate for policies that enable individuals and businesses to provide high-quality early learning experiences for young children.

WHATCOM EDUCATIONAL CREDIT UNION has a strong commitment to the community. Their goal is to support education, health, and community concerns.

A Special Thanks to our Vendors!

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AGENDA

8:30-8:40am	Welcome/Announcements (G Building Cafeteria)	
8:40-9:30am	Social and Emotional Development in Context Keynote with Dr. Leticia Nieto (G Building Cafeteria)	
9:40am-12:40pm <i>(Double Session)</i>	Workshop Sessions P-3 Literacy Alignment: The Big Ideas for Preschool	Karma Hugo, Kim Walbeck & Vicki Hubner
9:40-11:05am	Workshop Sessions *Anti-Oppression Strategies in Child and Family Development Conversations and Caring: Talking to the Parents of Infants and Toddlers Linking Art to Literacy Helping Children with Big Feelings During Challenging Times What Angry Kids Need El juego interactivo como la fundación del desarrollo social e emocional	Dr. Leticia Nieto Dr. Marilyn Chu Joanie Hirt Shelley Macy Jennifer Brown Megan Cary
11:15-12:40pm	Workshop Sessions Cognition is Play, Language, and Social Interaction, All in One Brain Reading Babies' Love Language: How do they tell us what they need and how do we nurture their requests? *I Am Moving I Am Learning (IMIL): Opportunity Knocks: Reversing Current Obesity Trends Invitations to Learning – Intentional and Reflective Teaching The Nurtured Heart Approach: Helping Intense Children Succeed Hearing and Vision Concerns in Young Children El arte del desarrollo social e emocional	Dr. Gina Lebedeva Dr. Bess Windecker-Nelson Opportunity Council Staff Karen Ekdahl & Patricia Ashby Vale Hartley Katie Humes Megan Cary
12:40-1:50pm	Lunch provided in G Building Cafeteria	
1:50-3:20pm	Workshop Sessions Brain Measures and Behaviors in Infants Predict Later Outcomes Feisty and Fun – Raising Resilient Toddlers, and Encouraging their Families The Magic of Music – Nurturing Social and Emotional Well-being *IMIL Moderate to Vigorous Physical Activity (MVPA) Every Day! Understanding Children's Emotions from a Neurobiology Perspective Effects of Trauma on Children and Families: Self-Care Strategies to Avoid Compassion Fatigue La diversidad en los entornos educativos para niños de primera infancia y la importancia de respetar las diferencias	Dr. Gina Lebedeva Sally Holloway Cindy Henninger Opportunity Council Staff Dr. Bess Windecker-Nelson Dr. Susan Kincaid Barbara Martinez-Griego
3:30-3:50pm	Closing and Dessert: Songs From Life—Families, Work and Hope (G Building Cafeteria)	Richard and Helen Scholtz

**Esta sesión estará presentada en inglés con un intérprete de habla español.*

WORKSHOP SESSIONS

9:40am-12:40pm (Double Session)

P-3 Literacy Alignment: The Big Ideas for Preschool

Karma Hugo, Vicki Hubner, & Kim Walbeck

Early childhood educators who have attended an overview to P-3 Instructional Alignment in Literacy with David Matson are invited to spend the morning going deeper with implementation of the ideas presented. Topics discussed will include the role of modeled writing, finding topics and stories to draw, and how to support children in their own development as a reader and writer. Content addresses ages 3-8 years and adults.

9:40am-11:05am

Anti-Oppression Strategies in Child and Family Development*

Dr. Leticia Nieto

In this workshop Dr. Nieto will focus on anti-oppression strategies for child and family development. These strategies will apply her models for analyzing the complexities of working across significant differences and understanding the dynamics of oppression. Content addresses all ages.

**Esta sesión estará presentada en inglés con un intérprete de habla española.*

Conversations and Caring: Talking to the Parents of Infants and Toddlers

Dr. Marilyn Chu

Joining with parents of young children to promote parenting that fosters early learning and development means treating parents as experts about their children. Discuss scenarios, practice strategies and examine ways to weave in child development information into everyday interactions during pick up, drop off or conference time with early care and education teachers. Identify your vision for joining with parents, strategies to try and ways you will evaluate and reflect on your interactions with families. Content addresses ages birth-3 years.

Linking Art to Literacy

Joanie Hirt

Process art for toddlers is one of the most powerful learning experiences that is offered in a Toddler Program. This session will offer ways to make connections between pre-writing skills and the arts. Content addresses ages 1-3 years.

Helping Children with Big Feelings During Challenging Times

Shelley Macy, Ashia Smock, & Glori Sleveland

Many young children are experiencing hard times. Big feelings that erupt can be confusing and spoil their relationships. Learn how you can help them to be resilient, make friends, and learn easily. Content addresses all ages.

What Angry Kids Need

Jennifer Brown

Based on the book co-authored by the presenter, "What Angry Kids Need: Parenting Your Angry Child Without Going Mad," this workshop is designed to help teachers of children ages 3-8 years understand children's emotions, and many of the problematic behaviors that can be associated with children's intense feelings. Participants will learn tools to help children express emotions in healthy ways, to manage their feelings in a way that allows them to solve problems effectively, and to help children build the skills to become emotionally resilient in today's world. Repeat from 2011 conference. Content addresses ages 3-8 years.

El juego interactivo como la fundación del desarrollo social e emocional

Megan Cary

Esta clase presenta a los estudiantes el desarrollo emocional y social sano y el papel que desempeñan los adultos en la organización del comportamiento. La clase se centra en las relaciones saludables y el cuidado responsivo. Consideramos la sensibilidad cultural sobre todo.

11:15am-12:40pm

Reading Babies' Love Language: How Do They Tell Us What They Need and How Do We Nurture Their Requests?

Dr. Bess Windecker-Nelson

This workshop will focus on reading cues and the process of consistent, warm responding as the basis for secure attachment formation. Participants will look at cue cards and video clips, and discuss the importance of recognizing these micro-level language snippets that infants/toddlers give us and how practical, consistent responding lays the groundwork for nurturing relationships. Content addresses birth-1 year.

Cognition is Play, Language and Social Interaction, All in One Brain: How to Grow That Brain in Everyday Interactions

Dr. Gina Lebedeva

This workshop will discuss scientific evidence showing what specific components of play and conversations with toddlers are most critical for their learning. We will describe how caregivers can make the strongest impact through everyday interactions. Content addresses ages 1-3 years.

I Am Moving I Am Learning (IMIL): Opportunity Knocks: Reversing Current Obesity Trends

Opportunity Council's Early Learning and Family Services (ELAFS) staff

This workshop will discuss national and state statistics describing adult and childhood obesity trends. Participants will learn to recognize their role in reversing obesity trends as it affects the early learning environment. How IMIL is used to achieve positive outcomes for children in all learning areas will be discussed. Content addresses ages 3-5 years but can be applied to all ages.

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ABOUT OUR PRESENTERS

Jennifer Brown, MSW, has a background in both child development and mental health. She has worked 15 years as a child and family therapist and is the co-author of the book, "What Angry Kids Need: Parenting Your Angry Child Without Going Mad".

Megan Cary, M.S. es una maestra en la facultad de Early Childhood Education, Skagit Valley College & BTC. Ha trabajado con niños y familias como especialista del desarrollo y coordinadora de servicios por diez años.

Marilyn Chu, Ed.D is a teacher-educator from WWU who focuses on teaching and writing about infant-toddler programs, mentoring teachers and ways to support culturally responsive early learning programs.

Karen Eckdahl has been in the Early Learning Field for over 30 years and has been Executive Director at Bellingham Childcare & Learning Center for the past 18 years. **Patricia Ashby** received her master's in ECE from Seattle University and has been director of Child Care Programs at Seattle Children's Hospital and Western Washington University. Together, Karen and Patricia have been on a journey of discovery to support teachers in reflective practice.

Vale Hartley has a Master's Degree in Elementary Education and is a certified advance trainer of the Nurtured Heart Approach. She has used Nurtured Heart practices in her classroom for the past eight years and serves as a mentor and trainer at Whatcom Day Academy.

Cindy Henninger has taught PK-8 music in public and private schools for 15 years. She has training in Orff Schulwerk, a lot of experience with K-1, has helped write a school district's music scope and sequence, and was influential in getting an elementary music program started. Cindy teaches Mus 151, an ECE course, each Winter at WCC.

Joanie Hirt states that working with toddlers as a Program Supervisor and a teacher in Intergenerational programs for twenty years, has given her insight to how toddlers experience their world. Hands-on exploration is essential for their need for sensory input. It is important for toddlers to develop their large muscles before they can develop their small muscles. Exploring the arts gives children the ability to use all their muscles in a fun and creative way.

Sally Holloway currently teaches Early Childhood Education courses at WCC, preparing professionals for early learning programs. As a Parenting Educator, she worked with families raising toddlers, one of her favorite stages of development. She notes that much of the current research addresses building resiliency skills in young children.

Katie Humes, M.Ed. is a consultant with Washington Sensory Disabilities Services, a statewide agency supporting teachers and families of children with vision impairments and hearing loss. She has provided home and center-based services with families of infants and toddlers for twenty years, and teamed with early intervention and preschool teams to develop services for birth to five year olds.

Susan Kincaid has a PhD in Human Services, has taught in human services for 16 years, and has worked with Head Star Region X and National Migrant Head Start to develop online education. She is co-author of a book, *The Heart of Teaching and Learning: Compassion, Resiliency, and Academic Success*, that assists teachers in identifying trauma in students.

Gina Lebedeva, Ph.D., is from the Institute for Learning & Brain Sciences (I-LABS) which focuses on translating and disseminating current research discoveries in developmental cognitive neuroscience to educators, policy makers, parents and the public to help bridge the gap between the science and practice of early learning. She is also trained as a speech-language pathologist, specializing in early intervention and infant mental health.

Shelley Macy has an M.A. in Human Development, certification as a Hand in Hand Parenting Instructor, 18 years experience teaching young children, and 22 years experience teaching adults in a college setting. Co-presenters: **Ashia Smock**, Manager NWIC Early Learning Center & **Glori Sleveland**, Lead Teacher/infants and toddlers, NWIC ELC.

Bárbara Martínez-Griego (Máster): Profesora principal y presidente del Departamento de Educación para Niños de Primera Infancia (ECE, por sus siglas en inglés). La experiencia de Bárbara como docente incluye dictar cursos en inglés y en español sobre el desarrollo infantil destinados a estudiantes que asisten a un instituto universitario de dos años, así como analizar el plan de estudios universitario sobre ECE con el fin de incorporar estrategias que permitan trabajar eficazmente con niños y familias bilingües

NW ESD 189 Co-Presenters Karma Hugo, NWESD Early Childhood Manager; Vicki Hubner, Early Learning Consultant; and Kim Walbeck, OC Early Learning and Family Services Education Coordinator all have early childhood education degrees, have taught and/or been administrators of early childhood programs and have spent the last 2-3 years working with David Matteson, multiple school districts, and community programs to align literacy instruction in preschool through third grade.

Opportunity Council's Early Learning and Family Services (ELAFS) staff have been to several I.M.I.L Train the Trainer trainings and have been training staff that work with preschool children on how to implement IMIL strategies into their classrooms or programs. ELAFS trainers presenting are from Head Start, Child Care Resource and Referral, and the Child Food Nutrition programs.

Richard and Helen Scholtz have been making music with children, parents, teachers and other adults for over 30 years: school and library programs, community concerts, classes for WWU and WCC, and made two recordings with Tom Hunter. Their focus has been to help people discover the pleasure of integrating songs into the daily flow of life and work. Helen is a Children's Library Specialist and worked at BPL for over 25 years. Richard was co-founder of Northwest Teachers' Camp, Chair of the Washington State Folklife Council. He has performed across the United States both solo and with storyteller and author Margaret Read MacDonald.

Bess Windecker-Nelson, Ph.D. has a background in child development and mental health. She consults with and provides trainings for Child Care Resource & Referral, Head Start and ECEAP to support caregivers and children in away-from-home settings. She is also a child and family therapist and finds joy working with children and those who care for them. Her own three children have taught her as much (or more) than she learned through her coursework!



Bellingham TECHNICAL COLLEGE

REGISTRATION FORM (Information Protected by Family Privacy Rights)

3028 Lindbergh Ave, Bellingham WA
98225-1599

Registration Office: (360) 752-8350

Website: www.btc.ctc.edu

Student ID Number 8 9		Social Security Number <input type="text"/>					
<small>Your social security number is confidential and, under a federal law called the Family Educational Rights & Privacy Act, the college will protect it from unauthorized use and/or disclosure. In compliance with state/federal requirements, disclosure may be authorized for the purpose of state and federal financial aid, Hope/Lifetime Learning tax credits, academic transcripts, assessment or accountability research.</small>							
Today's Date	Last Name	First Name	M.I.	Previous Name			
Birthdate	Mailing Address		City	State Zip			
Day Phone ()	Evening Phone ()		Male or Female <input type="checkbox"/> <input type="checkbox"/>	E-Mail Address			
Item #	X Audit Request (see back)	Course/Program Title	Day(s)	Time	Start Date	Bldg/Rm	Cost
8 3 9	3	Focus on Children Conference	Sat.	8am	2/04/12	G Building	
Have you attended BTC during the past 2 years? <input type="checkbox"/> Yes <input type="checkbox"/> No		Check if applicable: <input type="checkbox"/> Fee Pay/Stat <input type="checkbox"/> B6 Running Start		Complete if mail-in and paying by credit card: VISA <input type="checkbox"/> MC <input type="checkbox"/>		Make Checks Payable to BTC TOTAL	
		Acct # _____		Signature _____		Security Code _____ Expiration Date _____	

To Register in Person: Bring your completed registration form to Bellingham Technical College, Registration, College Services Building, Monday – Friday 8am to 4pm. Register and then pay the cashier.
To Register by Mail: Complete the registration form and mail, with payment, to: Business Office, BTC, 3028 Lindbergh Ave, Bellingham, WA 98225. If you require registration verification, please include a self-addressed, stamped envelope.
To Register by Phone/Fax: Call 752-8350 or fax 676-2798 with completed registration form and credit card information. You are registered unless notified.
Course Refunds: A full (100%) refund is made if official withdrawal is submitted (by phone, email, or fax) by midnight February 2, 2012. There are NO refunds after February 2, 2012.

Registration fee (includes lunch):

- On or before 1/20/12 (item# 8391-3): **\$70.00**
 - After 1/20/12 (item# 8392-3): **\$80.00**
 - Discount for current NW AEYC members: **\$10.00**
- Yes, I am a current NW AEYC member.

STARS ID# (for licensed child care providers): _____

WORKSHOP REGISTRATION

Please circle your **1st, 2nd and 3rd** choice workshop for **each** session.

Item	Workshop Choice (circle one)	Session 9:40am-11:05am	Item	Workshop Choice (circle one)	Session 11:15am-12:40pm	Item	Workshop Choice (circle one)	Session 1:50pm-3:20pm
8703	1 2 3	P-3 Literacy Alignment: The Big Ideas for Preschool	<i>(Double session 9:40am-12:40pm)</i>			8717	1 2 3	Brain Measures and Behaviors in Infants Predict Later Outcomes
8704	1 2 3	*Anti-Oppression Strategies in Child and Family Development	8710	1 2 3	Cognition is Play, Language, and Social Interaction, All in One Brain	8718	1 2 3	Feisty and Fun - Raising Resilient Toddlers, and Encouraging their Families
8705	1 2 3	Conversations and Caring: Talking to the Parents of Infants and Toddlers	8711	1 2 3	Reading Babies' Love Language: How do they tell us what they need?	8719	1 2 3	The Magic of Music - Nurturing Social and Emotional Well-being
8706	1 2 3	Linking Art to Literacy	8712	1 2 3	*I Am Moving I Am Learning (IMIL)	8720	1 2 3	*IMIL Moderate to Vigorous Physical Activity Every Day!
8707	1 2 3	Helping Children with Big Feelings During Challenging Times	8713	1 2 3	Invitations to Learning - Intentional and Reflective Teaching	8721	1 2 3	Understanding Children's Emotions from a Neurobiology Perspective
8708	1 2 3	What Angry Kids Need	8714	1 2 3	The Nurtured Heart Approach: Helping Intense Children Succeed	8722	1 2 3	Effects of Trauma on Children and Families
8709	1 2 3	El juego interactivo como la fundación del desarrollo social e emocional	8715	1 2 3	Hearing and Vision Concerns in Young Children—Behavior Problem or Hearing Loss?	8723	1 2 3	La diversidad en los entornos educativos para niños de primera infancia y la importancia de respetar las diferencias
			8716	1 2 3	El arte del desarrollo social e emocional			

*Esta sesión estará presentada en inglés con un intérprete de habla español.

Visit www.btc.ctc.edu for copies of the conference brochure. In the spirit of Zero Waste please bring your own water bottle.

CONFERENCE SCHOLARSHIP APPLICATION

APLICACION PARA OBTENER UNA BECA PARA ASISTIR A LA CONFERENCIA

A **limited number** of half-scholarships (in the amount of \$35.00) are available. Scholarships are allocated on a first-come, first-served basis and there is a **maximum of five employees per child care program**.

Tenemos disponibles un número limitado de becas (\$35.00). Las becas son adjudicadas de acuerdo al orden de llegada. Un máximo de cinco empleados por programa pueden obtener este tipo de beca.

- To be eligible, you must:**
- Work in a Washington State licensed, exempt or tribally certified child care or afterschool program
 - Not be a Washington State employee (including but not limited to Head Start, ECEAP, or a School District employee).
- Para ser candidato(a) a una beca, usted debe:**
- Trabajar en un programa con licencia, un programa exonerado o un programa con certificación tribal de cuidado de niños o programa para después de la escuela que opera en el Estado de Washington.
 - No ser un empleado del Estado de Washington (incluido pero no limitado a Head Start, ECEAP o un empleado del distrito escolar).

Directions: Return signed **original** application form with your registration form and half the registration fee. If your application is faxed, you must also mail a hard copy original. **If you are not granted a scholarship, you will be billed for the remaining half.**

Instrucciones: Regrese la forma de solicitud original completamente llena con su forma de registro y el pago de la mitad del costo de registro. (Si usted va a mandar su solicitud via fax, también debe mandarnos por correo el original). Si no le es concedida la beca, le mandaremos por correo una factura por el resto del costo del registro.

Applicant's Name/Nombre del Solicitante _____

Applicant's Address/Dirección del Solicitante _____

City/Ciudad _____ **State/Estado** _____ **Zip/Código Postal** _____

Telephone/Teléfono _____

Email/Email _____

Name of Your Early Learning Program (Employer)/Nombre del Programa para el que trabaja _____

Address of Your Early Learning Program (Employer)/Dirección del Programa para el que trabaja _____

_____ **City** _____ **State** _____ **Zip** _____

By signing below I affirm that I am eligible and that the information above is true and accurate./Al firmar este documento, declaro que soy elegible para esta beca y que la información que he proporcionado es exacta y verdadera.

Signature (Required)/Firma _____

Date/Fecha _____

Name of Conference: Focus on Children
Date of Conference: February 4, 2012
Scholarship Amount: \$35.00



Funded by
Washington State Department of
Early Learning



3028 Lindbergh Avenue
Bellingham, WA 98225
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FOCUS on Children 2012

Social and Emotional Development in Context

Looking forward to seeing you at

FOCUS on Children 2012

28th Annual Conference

Become a NAEYC member today!

- Join NAEYC now at www.naeyc.org and receive \$10.00 off conference registration
- or
- Join the day of the conference at the NAEYC membership table and receive \$5.00 off the membership fee.

**Remember to check the Northwest Association for the Education of Young Children affiliate box on your registration form.

